



Republic of the Philippines  
**Department of Education**  
CARAGA REGION  
**SCHOOLS DIVISION OF SIARGAO**

June 30, 2025

**DIVISION MEMORANDUM**

No. **06-188**, s. 2025

**NUTRITION MONTH CELEBRATION 2025**

To: Asst. Schools Division Superintendent  
CID and SGOD Chiefs  
Public Schools District Supervisors  
Public Elementary and Public Secondary Principals, School Heads, and SICs  
All Concerned

1. In accordance with Presidential Decree No 491, known as the "Nutrition Act of the Philippines," the month July is designated as Nutrition Month to create greater awareness on the importance of nutrition among Filipinos, especially school children.
2. For this year, the **National Nutrition Council (NNC)** has set the theme: **"Sa PPAN: Nutrisyong Sapat Para sa Lahat!"** which emphasizes the Philippines Plan of Action for Nutrition (PPAN) 2023-2028 and the collective efforts to achieve nutrition security in the country.
3. In support of this advocacy, all public elementary and secondary schools under the Schools Division of Siargao are enjoined to participate in the month-long celebration by conducting meaningful and age-appropriate activities such as, but not limited to:
  - Nutri-Quiz Bee
  - Poster and Slogan Making Contest
  - Healthy Food Preparation Demonstration
  - Nutrition-themed Storytelling or Role-Playing (for early grades)
  - School Garden Harvest and Feeding Activity
  - Zumba and Physical Fitness Routines
  - School Cooking Contest and
  - Tabo sa Paaralan
4. Schools are advised to ensure that activities observe inclusivity, promote learner participation, and reinforce the importance of good nutrition in relation to health, education, and personal well-being. Collaboration with parents, LGUs, Barangay Nutrition Scholars (BNS), and local health offices is highly encouraged.



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5. A narrative and pictorial report of the school's Nutrition Month activities must be submitted to the SCHOOL HEALTH AND NUTRITION UNIT- SGOD on or before August 10, 2025.
6. For your information, guidance, and widest dissemination.

**MANUEL O. CABERTE**

Assistant Schools Division Superintendent  
Officer in Charge  
Office of the Schools Division Superintendent

Encl: None

Reference: PD No. 491 Nutrition Act of the Philippines

To be indicated in the Perpetual Index

under the following subjects:

SCHOOL HEALTH AND NUTRITION UNIT  
NUTRITION MONTH CELEBRATION

SGOD/SHNU/psp  
06/30/25



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