



Republic of the Philippines  
**Department of Education**  
CARAGA REGION  
**SCHOOLS DIVISION OF SIARGAO**



Office of the Schools Division Superintendent

June 7, 2025

**DIVISION MEMORANDUM**

No. **07-197**, 2025

**SCHOOL-BASED TRAINING OF ATHLETES**

To: Assistant Schools Division Superintendent  
SGOD Chief  
CID Chief  
Public Schools District Supervisors  
Elementary and Secondary School Heads  
Sports Coaches and Technical Officials/Trainers  
This Division

1. The Caraga Regional Athletic Games (CRAG) 2026 is tentatively scheduled on February 15-19, 2025 to be held in Surigao City to be hosted by the Tri-Division, Surigao del Norte, Surigao City and Siargao.

2. Thus, our Siargao Division Athletic Meet (SDAM) is tentatively scheduled on November 2025 to select the best athletes who will represent and compete in the Caraga Regional Athletic Games.

3. To improve and alleviate our performance from rank 9 in the CRAG 2025, you are encouraged to conduct intensive school-based training of your potential athletes in your respective schools in advance, starting this month of July after the classes to achieve an optimal performance in their respective sports event by acquiring the basic requirements of an athletes by achieving the highest level of Cardio-Respiratory Endurance (VO2), Muscular Endurance and the Basic and Advance Skills of an athletes in their respective sports event through intensive training.

4. All coaches, trainers who will conduct intensive school-based training of athletes shall submit their schedule of training and training matrix on or before July 11, 2025 for SDO monitoring and reference.

5. Only sports event which are having intensive school-based training shall be the priority sports events to be included and played in the Division Meet and Regional Games to ensure big chances of winning.

6. All teaching and non-teaching personnel involved in the training are entitled to service credits/CTO for rendering services after the official work hours and Saturdays, Sundays, and holidays.



Address: Brgy. Osmeña, Dapa, Surigao del Norte, 8417

Contact No.: 09190040217

Website: sdosiargao.com

siargao@deped.gov.ph

DepEd Siargao



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7. Wide and immediate dissemination of this memorandum is desired.

**MANUEL O. CABERTE**

Assistant Schools Division Superintendent  
Officer InCharge  
Office of the Schools Division Superintendent

Reference: Palarong Pambansa Act 2013 (RA10588)

To be indicated in the Perpetual Index

Under the following subjects: SPORTS NON TEACHING AND TEACHING PERSONNEL


SGOD/JTT  
07/07/25




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Contact No.: 09190040217

Website: [sdosiargao.com](http://sdosiargao.com)

 [siargao@deped.gov.ph](mailto:siargao@deped.gov.ph)

 DepEd Siargao